

# Supporting the family helps the patient

## Does your patient have any of the following?

- Disability
- Mental ill health
- Chronic or life-limiting condition
- Is palliative
- Alcohol or other drug dependence
- Is frail or aged

## Family members or friends are unpaid carers if they do the following for the patient-

- Provide emotional support
- Do housework or maintenance
- Accompany or take them to appointments
- Help them get in and out of bed
- Help with medication
- Manage their finances
- Stay with them if something goes wrong (i.e., they may have a fall etc.)
- Look after their personal care
- Help them move safely around the home or outside

**Eligibility** – Unpaid carers can access FREE support from the Australian Government Carer Gateway program if any of these apply:

they have/will be caring for 6 months

caring is expected to be an ongoing role

caring started due to a sudden health event

the patient is palliative

## What may the free support look like?



24/7  
Emergency after hours support



Help with accessing residential respite



Emotional support or counselling



Help at home eg. meal prep, domestic assistance



Help with referrals and service navigation

To find out more or register, contact Carer Gateway at [intake@care2serve.com.au](mailto:intake@care2serve.com.au) or 1800 422 737 (and press 1 at the menu)



Scan here to refer someone or yourself

